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Your submission for this review:

As a Carer, I am expected to cover all costs associated with my caring of 2 children. These costs include, food, clothing, school uniforms, school fees, pocket money, sports uniforms, sports activities, social activities, travel to mandatory medical appointments, travel to additional required therapies/services and gifts etc. I receive \$1272 per fortnight for both children to cover all the above. The impact of rising living costs without a corresponding increase in my Carer Allowance means that I must draw on my own funds to cover all the above costs. Residing in regional NSW adds the aspect of much greater distances to travel in order for the children to participate in school, sporting and social activities. I have just recently travelled over 2,000 klms in 2 weeks to meet these needs so fuel alone has cost \$400 in 2 weeks. Other cost examples include: soccer fees \$400; school camp fees \$350; attendance at sports carnivals \$600; school fees \$540. The current Carer allowance is simply inadequate to meet all these costs! I estimate that I need to contribute circa \$3000 per quarter from my own funds in order to fully cover the costs incurred in providing the 2 children with a quality childhood.